



Alpha Bake Cookery Various locations across Essex



Spend the day with AlphaBake Cookery learning important life skills as part of your University Journey.

The children will cover four different recipes throughout the day using various ingredients and skills.

They will gain confidence with us to try new foods, think about food choices and what flavours go together.

Does cutting down sugar mean that the foods are not as tasty?

We do not think so.

Learning Credits

- 5 hours of Passport to Learning Credit will be awarded for attendance at an AlphaBake Cookery Course

Further information

www.alphabakecookery.co.uk

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